Pop-Up Food Drive
Friday, June 16

Interfaith Council volunteers will host a pop-up food drive June 16 at both T&C and Safeway. This is the first of several pop-up food drives planned this summer. Pop-up food drives allow the food bank managers to steadily fill in the empty shelves with specific types of foods needed to support our changing population visiting the food bank.

There is a 10% increase of senior citizens (over 55) visiting the food bank once a week to supplement their food budget. The increase is offset by a 10% decrease in the numbers of children we serve; a third of the emergency food we provide goes to children.

Pop-up food drives support the donation of nutritious foods for the most vulnerable populations in our community.

Refreshing News

The Bainbridge Island Safeway celebrated its ‘grand re-opening’ by honoring Helpline House Food Bank with a $2,500 donation. Among the other non-profits recognized: PAWS of Bainbridge Island, Boys & Girls Club of Bainbridge Island and the Bainbridge Schools Foundation.


Food Bank Fresh

The increased focus on health has contributed to quality food being a key focus. Nutritional awareness guides us to purchase fresh, healthy foods. Each week we try to meet nutritional needs for those coming to the food bank: people with long-term disabilities who cannot physically work, those who find themselves on a fixed income, and working parents trying to provide their children with healthier options.
Our contract with the City of Bainbridge Island (COBI) supports Helpline purchases during the winter months or low donation periods for nutritious foods. Helpline volunteers shop local grocery stores during the week for the best priced lettuce, vegetables and fruit to stock the fridge.

The Seasons Are Changing

Our sister food bank, North Kitsap's Fishline has announced a new service. Second Season Thrift store now allows out of area clients to shop the last hour of service. No appointment necessary.

The clothing closet is available to registered Poulsbo shoppers from 12 to 3pm. Out of area clients will be able to shop from 3 to 4pm, twice a month on Wednesdays. Second Season is located at 18825 Anderson Parkway, Poulsbo. Visit the clothing closet and sign in to begin shopping. For more information email info@nkfishline.org or visit http://www.nkfishline.org/

Did You Know?

Housing Solution's Navigator at Helpline House is one of 4 navigators located in Kitsap County (HSC). HSC offers individuals and families who are homeless or at risk of becoming homeless a one-stop location to access all forms of housing assistance including emergency shelters, rental & deposit assistance, as well as landlord referrals.

Learn more and visit http://www.kcr.org/housing_services.htm

JOIN US and
Discover the Natural World
Wednesday, June 21

Join fellow Helpline volunteers on a guided Summer Solstice walk at IslandWood to discover a new way of seeing nature, ourselves, and one another. Friends, neighbors and family members are welcome. Limited space available. RSVP to Debbie at volunteerservices@helplinehouse.org.

Project Backpack
Sign Ups begin August 1

Project Backpack has supported all local students who need it most in pre-K through 12th grade since 2000.

School registration fees, sports and club fees on top of required supplies (see cost estimate below) can add up quickly at the beginning of the school year.

Required supplies & fees each fall:
1st Grader - $50
5th Grader - $115
8th Grader - $155
High School Senior - $220 to $320
Helpline House, community partnerships and you support a healthy community through nutritious foods and resource referrals.

**Helpline House** is an umbrella of social services: providing professional crisis intervention, assessment and case management, resource referral, advocacy, short term counseling, food bank and medical equipment loan. Neighbor Helping Neighbor - One Neighbor At A Time.

[HelplineHouse.org](http://www.helplinehouse.org)  |  (206) 842.7621  |  [volunteerservices@helplinehouse.org](mailto:volunteerservices@helplinehouse.org)
Volunteer Engagement & Support Office: Marilyn Gremse and Debbie Steams

**Executive Director:** Joanne Tews  
**Business Office:** Myra Howrey  
**Helpline Desk:** Tanya Bierlein  
**Social Services:** Murray Prins MSE, LMHC,  
   Brianna McNamara MA, MFT, Megan Markley BSW, Social Work

STAY CONNECTED

[www.HELPLINEHOUSE.org](http://www.HELPLINEHOUSE.org)